

ST ANN'S

CATHOLIC CHURCH, KINGSTON HILL - KT2 7LX

05 MARCH 2025 -
20 APRIL 2025



WALK
WITH CHRIST



MY LENTEN JOURNEY WITH JESUS - KIDS

PARISH PRIEST: REV FR JAMES RAJ


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My Lenten Journey with Jesus

St. Anne's Catholic Church, Kingston Hill

 "Return to me with all your heart." – Joel 2:12

Dear Kids,

Lent is a **special time** when we walk with Jesus. It is a time to pray, be kind, and prepare our hearts for **Easter!** Each day, do one small thing to grow in love for God and others. Let's begin this journey together! 

My Special Lenten Prayer

"Dear Jesus, as Holy Week comes closer, help me to love others, be kind, and pray every day. Walk with me so I can be more like You. Amen."

✿ Lent is a time to grow in love. Let's do it together! ✿


#KidsLentenJourney #WalkingWithJesus #LentForKids

#StAnnesKingston #EasterJoy



☀️ March 5 – April 20: A Daily Lenten Journey for Kids! ☀️

 Date	 Challenge for the Day	 Bible Verse
March 5 (Ash Wednesday)	Go to Mass & receive ashes. Ask Jesus to help you be kind.	Joel 2:12 – "Return to me with all your heart."
March 6	Say something nice to someone today.	Proverbs 15:4 – "A gentle tongue is a tree of life."
March 7	Spend 5 minutes in silent prayer. Listen to God.	Psalms 46:10 – "Be still, and know that I am God."
March 8	Help someone at home without being asked.	Galatians 5:13 – "Serve one another in love."
March 9 (Sunday)	Go to Mass and thank Jesus for His love.	Psalms 122:1 – "Let us go to the house of the Lord!"
March 10	Make a card for someone to make them smile.	Ephesians 6:2 – "Honor your father and mother."
March 11	Say a prayer for someone who is sad.	Colossians 3:13 – "Forgive as the Lord forgave you."
March 12	Call or visit a grandparent or family member.	Isaiah 41:10 – "Fear not, for I am with you."
March 13	Give up something you love for today (like sweets or screen time).	Romans 12:1 – "Offer yourself as a living sacrifice."
March 14	Join the Lenten Lantern Walk at church! 🏮	Matthew 5:16 – "Let your light shine before others."
March 15	Help clean up at home with a happy heart.	Mark 10:14 – "Let the children come to me."

March 16 (Sunday)	Pray before eating & thank God for your food.	Psalm 128:3 – "Your children will be like olive shoots around your table."
March 17	Say "thank you" at least 5 times today.	Philippians 4:6 – "Give thanks in everything."
March 18	No complaining today! Try to be joyful.	James 1:19 – "Be slow to anger."
March 19	Write or draw something nice for a friend.	Proverbs 16:24 – "Gracious words are like honey."
March 20	Pray for someone who is sick.	Matthew 25:36 – "I was sick, and you cared for me."
March 21	Do a secret good deed for someone.	Hebrews 13:16 – "Do good and share with others."
March 22	Spend time outside and thank God for nature.	Psalm 19:1 – "The heavens declare God's glory."
March 23 (Sunday)	Smile at everyone today!	Colossians 3:23 – "Whatever you do, work for the Lord."
March 24	Eat together as a family & say a prayer before your meal.	Deuteronomy 6:7 – "Teach them God's ways at home."
March 25	Pray for peace in the world. 	John 14:27 – "My peace I give to you."
March 26	Say a special prayer for your teachers.	Jeremiah 29:13 – "Seek God with all your heart."











March 27	Help someone younger than you.	Luke 9:23 – "Take up your cross and follow me."
March 28	Pray for someone who has hurt you.	Matthew 5:44 – "Love your enemies."
March 29	Help a grandparent or elder with something.	Proverbs 19:17 – "Be kind to the poor and God will reward you."
March 30 (Sunday)	Say a Hail Mary for someone in need.	Psalms 34:8 – "Taste and see that the Lord is good."
March 31	Pray for a family member you haven't talked to in a while.	Matthew 5:24 – "Be reconciled with your brother, then offer your gift to God."
April 1	Screen-Free Day! Spend more time talking to God and your family instead of watching TV or using your phone.	Colossians 3:2 – "Set your mind on things above, not on earthly things."
April 2	Visit the church and sit quietly with Jesus. Spend time in prayer before the Blessed Sacrament.	Psalms 27:4 – "One thing I ask... to gaze upon the beauty of the Lord."
April 3	Do a secret act of kindness for someone today! (Example: Help clean up, leave a nice note, or share your toys.)	Galatians 6:9 – "Let us not grow tired of doing good."
April 4	Help someone in need – Donate food, clothes, or money to help another person.	Matthew 25:40 – "Whatever you did for the least of my brothers, you did for me."

April 5 (Saturday)	Join the Lenten Reconciliation Service at 5:00 PM. Say sorry to God.	Matthew 5:24 – "First be reconciled with your brother."
April 6 (Sunday)	Attend Mass and say an extra prayer for those who are sad.	Psalm 100:2 – "Serve the Lord with gladness."
April 7	Help clean up without being asked.	Leviticus 19:32 – "Honor the elderly."
April 8	Encourage someone with a kind word or smile today.	Isaiah 41:10 – "Fear not, for I am with you."
April 9	Fast from negative words—speak only with kindness.	Proverbs 15:4 – "A gentle tongue is a tree of life."
April 10	Pray for priests, teachers, and those who guide us.	Hebrews 13:17 – "Obey your leaders, for they watch over your souls."
April 11	Help someone at home with a chore.	Matthew 6:3 – "Do good without seeking praise."
April 12	Prepare for Holy Week—set up a small prayer space at home!	John 19:30 – "It is finished."





HOLY WEEK & EASTER JOURNEY

 Date	 Holy Week Challenge	 Bible Verse
April 13 (Palm Sunday)	Bring a palm leaf and join the procession!	John 12:13 – "Hosanna! Blessed is He who comes in the name of the Lord!" 
April 17 (Maundy Thursday)	Pray and reflect on how Jesus washed His disciples' feet.	John 13:14 – "Wash one another's feet." 
April 18 (Good Friday)	Come to the Children's Stations of the Cross at 2:00 PM.	Isaiah 53:5 – "He was crushed for our sins." 
April 19 (Holy Saturday)	Get ready for Easter! Decorate a prayer space at home.	Luke 24:6 – "He is not here; He has risen!"
April 20 (Easter Sunday!)	 Jesus is Alive! Join the Easter Mass & Egg Hunt!	John 11:25 – "I am the resurrection and the life." 



HAPPY EASTER





ST ANN'S CATHOLIC CHURCH
ST ANN'S HOUSE, KINGSTON HILL
SURREY KT2 7LX

MASS TIMING

Monday and Wednesday 10 am

Saturday 12 noon - Pilgrims' Mass

Tuesday & Friday 7.00 pm

Saturday 6.00 pm (Vigil Mass)

Sunday 10.30 am (Family Mass)

Friday after Mass - Way of the Cross

ADORATION

Tuesday 6.30 pm

Saturday 11.15 am - Pilgrims

CONFESSION

Saturday morning during adoration

Other days at the request



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