



Sunday 14<sup>th</sup> Sept 2025

# NEWSLETTER

The Exaltation of the Holy Cross  
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## **"Exaltation of the Cross - Glory Through Humility"**

Dear brothers and sisters,

This week we celebrate the Feast of the Exaltation of the Holy Cross. At first glance the Cross is a symbol of shame and suffering, but in Christ it becomes the sign of glory and victory. St Paul reminds us: **"He humbled himself and became obedient unto death, even death on a cross" (Phil 2:8)**. The Cross teaches us that **true greatness is not found in power or pride, but in humility and self-giving love**.

In our daily lives we too are invited to embrace this way - **to descend in humility so that, with Christ**, we may ascend in glory. As Jesus said: "Whoever humbles himself will be exalted" (Mt 23:12). The Cross is not only to be worn or displayed, but to be lived - in our families, our workplaces, and our parish community.

We also warmly congratulate **Anna Megan Ferncombe for being baptised** yesterday. God's blessings be upon her and her family as they continue their journey of faith. We also thank them for the beautiful flowers offered to St Ann's, which have brightened our church and lifted our worship.

A gentle reminder: **our Pets' Blessing Mass will take place on Sunday, 5 October at 10.30 am, outdoors in the garden**. Please invite neighbours, family and friends to join this joyful celebration. Pets on leads or in carriers, please.

With every blessing,

Fr James Raj, St Ann's Catholic Church, Kingston Hill

### HYMNS FOR THE MASS

<b>Entrance</b>	<b>I the Lord of sea - 285</b>	<b>Mem. Acclamation</b>	<b>440c - Save us Saviour</b>
<b>Gloria</b>	<b>1011 - Glory Glory</b>	<b>Agnus Dei</b>	<b>466 - Lamb of God</b>
<b>Offertory</b>	<b>678 - Take our bread</b>	<b>Communion</b>	<b>Be still for the presence - 72</b>
<b>Santus</b>	<b>439 - Holy Holy Holy</b>	<b>Recessional</b>	<b>300 - Immaculate Mary (1,2,10)</b>

**The Exaltation of the Holy Cross - Liturgical Colour: Red****Entrance Antiphon**

**Gal 6: 14:** We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

**THE LITURGY OF THE WORD****First reading****Numbers 21:4b-9**

In those days: The people became impatient on the way. And the people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we loathe this worthless food.' Then the LORD sent fiery serpents among the people, and they bit the people, so that many people of Israel died. And the people came to Moses and said, 'We have sinned, for we have spoken against the LORD and against you. Pray to the LORD, that he take away the serpents from us.' So Moses prayed for the people. And the LORD said to Moses, 'Make a fiery serpent and set it on a pole, and everyone who is bitten, when he sees it, shall live.' So Moses made a bronze serpent and set it on a pole. And if a serpent bit anyone, he would look at the bronze serpent and live.

**The word of the Lord. R. Thanks be to God.**

**Responsorial Psalm**

**Ps 78(77):1-2. 34-35. 36-37. 38. R. cf. 7b**

**Response: Never forget the deeds of the Lord!**

Give ear, my people, to my teaching; incline your ear to the words of my mouth.

I will open my mouth in a parable and utter hidden lessons of the past. **R.**

When he slew them, then they sought him, repented and earnestly sought God.

They would remember that God was their rock, God the Most High their redeemer. **R.**

Yet they deceived him with their mouths; they lied to him with their tongues. For their hearts were not steadfast towards him; they were not faithful to his covenant. **R.**

Yet he who is full of compassion forgave them their sin and spared them.

So often he held back his anger, and did not stir up all his rage. **R.**

**Second reading****Philippians 2:6-11**

Christ Jesus, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. **The word of the Lord. R. Thanks be to God.**

Gospel Acclamation: Alleluia, alleluia. **We adore you, O Christ, and we bless you, because by your Cross you have redeemed the world. Alleluia.**

**Gospel****John 3:13-17**

At that time: Jesus said to Nicodemus, 'No one has ascended into heaven except he who descended from heaven, the Son of Man. And as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world, that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.' **The Gospel of the Lord. All reply: Praise to you, Lord Jesus Christ.**

**The Creed:** I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

**Tea and Coffee after Sunday Mass**

Everyone is invited to join us for tea and coffee at our Garden after Sunday Mass. This is a wonderful chance to connect, share, and get to know one another better.

Kids can enjoy the Kids' Corner, a fun space to make new friends.



Please mark your calendars for a special Pets' Blessing Mass in honour of St Francis of Assisi in the side garden at St Ann's. All pets – and their owners – and the parshioners are warmly welcome on 5<sup>th</sup> October. After Mass, every pet will receive a small gift and a medal. **(Please ensure pets are on leads or in carriers.)**

**FIRST HOLY COMMUNION 2025 -2026 REGISTRATION**

Preparations for First Holy Communion will begin **on Monday, 22nd September 2025** at St Ann's Catholic Church, Kingston Hill. Lessons will take place **in the Parish Hall every Monday from 5:30 p.m. to 6:15 p.m.** The First Holy Communion Celebration Mass will be held on Saturday, **7th June 2026 at 12 noon**. Parents are kindly requested to complete the registration form online using the QR code provided in the newsletter. We warmly invite families to accompany their children on this journey of faith towards this special sacrament.

**DOUBLE GLAZING PROJECT – APPEAL FOR SUPPORT**

The priest's house at St Ann's currently **has single-glazed iron windows and doors, making it extremely cold during winter, difficult to heat, and inefficient in terms of energy use. To improve comfort, reduce heating costs, and care for the property more sustainably**, we are undertaking a double glazing upgrade. We have received professional quote, for £28,500. The Finance Committee and Church Maintenance Committee has reviewed and approved this essential project.

We now invite your kind support to help fund this work. Contributions can be made in the following ways:

Bank Transfer (preferred method):

**Account Name: RCAS Kingston Hill**

**Bank: NatWest**

**Account Number: 79124429**

**Sort Code: 60-50-01**



**Reference: Double Glazing**

QR Code Option: You may **also donate via the QR code which will be displayed at the back of the church. Please note, QR code payments include a 1.5% processing fee**, so direct bank transfer is encouraged for larger or regular donations. Your generosity helps us maintain a warm, safe, and welcoming home for the priest and ensures the long-term care of our parish property. Thank you for your kind support.



# 38%

## Received

## £ 10825.00

## ST ANN'S PARISH NEWS AND UPDATES

**Parish Hall for Hire:** If you or your friends are looking for a venue for birthday parties, weddings anniversaries, or any family celebrations, our parish hall is available for hire. It comes with over 60 parking spaces, plenty of tables and chairs, a small kitchen, and even access to our parish garden for outdoor gatherings. To enquire or book, please email [kingstonhill@rcaos.org.uk](mailto:kingstonhill@rcaos.org.uk) or feel free to contact me directly.

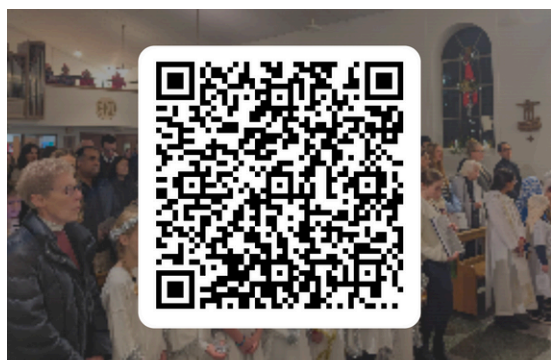


### BAPTISM AT ST ANN'S

If you would like to baptise your child in the Catholic faith, you are most welcome. **Baptisms at St Ann's usually take place on Saturdays after the 12 noon Mass.** Please scan the QR code to access the Baptism Application Form. Once you have completed the initial application, parish office will be in touch to guide you through the next steps. We look forward to accompanying your family on this joyful journey of faith.

### SUPPORT YOUR PARISH THROUGH REGULAR GIVING

You can support St Ann's by setting up a **Standing Order** for regular contributions. This helps us plan and sustain the life and mission of our parish. If you are a UK taxpayer, please also consider **signing up for Gift Aid**. Through Gift Aid, **the parish receives an additional 25p for every £1 you give** – at no extra cost to you. Standing Order and Gift Aid forms are available in the church or can be accessed via the QR code below.



### PARISH REGISTRATION

Thank you for being a part of our parish community! We are **updating our Parish Registration Form both online and on paper**. We prefer online registration to ensure accuracy and reduce administrative work. Kindly update your details to stay connected.

For **parish updates, access to recent homilies, details about upcoming events, hall hire, and various parish activities**, please visit our parish website: [www.stannskingstonhill.org.uk](http://www.stannskingstonhill.org.uk) You can also scan the QR code displayed at the back of the church or in this newsletter to go directly to the site. This is the best place to stay connected with the life of our parish and to revisit weekly homilies and reflections.





## ST ANN'S PARISH NEWS AND UPDATES

### Dates to Note - September to November

Date	Timing	Event
14th Sept.	After Mass	Kids Gardening 4/5
5th October	10.30 am	Pets' Blessing Mass
5th October	3.00 pm	2nd Church Maintenance Team Meeting
12th October	3.00 pm	3rd Synodal Team Meeting
19th October	3.00 pm	3rd Finance Committee meeting
2nd November	10.30 am	All Saints Procession

**Silver and Golden Jubilee Masses:** Couples or parents of parishioners celebrating a wedding anniversary (10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, or 80 years) are invited to give their details to Fr James. You will be specially remembered at Mass, and arrangements can be made for a Papal Blessing.

### ST ANN'S 60+ CLUB – GAMES, LAUGHTER, AND A GOOD CUPPA

Through visiting many in our parish, I have seen **the need for a place of support, joy, and companionship for our seniors.** From this need, the 60+ Club is born. Beginning on **Wednesday 22nd October, and meeting weekly from 10.45 am – 12.15 pm in the parish hall**, the club will include:

- Gentle chair exercises
- Bingo and creative games
- A raffle with small prizes
- Tea, coffee, and sandwiches
- Monthly useful inputs from invited resource persons



**Places:** hall limit 30 — 10 booked, 20 spaces left. We warmly welcome those who may be alone or less mobile – even wheelchair users, if someone can bring them along. A small committee is preparing this initiative by learning from parishes that run similar groups, beginning with a visit to Catford next week.

To join or refer someone: **[kingstonhill@rcaos.org.uk](mailto:kingstonhill@rcaos.org.uk) / 020 8546 8732.**

# ANNOUNCEMENTS FOR KIDS

## KIDS GARDENING 4/5 14TH SEPTEMBER 2025, AFTER 10.30 AM MASS

All children are warmly invited to join our Kids' Gardening Time on the church campus after the Sunday Mass. We look forward to seeing you all there!

## NEW ALTAR SERVERS 28TH SEPTEMBER 2025, 10.30 AM MASS

Any children who are not already altar servers and who have already received their First Holy Communion and would like to serve at the altar are kindly asked to give their names to Mrs Adriana or Fr James. The next induction for the new altar servers will be on 27<sup>th</sup> September 2025 during 10.30 am mass.

## NEXT FAMILY MASS 28TH SEPTEMBER 2025, 10.30 AM MASS

Please note that the last Sunday of every month is celebrated as our Family Mass at St Ann's. On this day, there will be no Sunday Catechism sessions. **All altar servers are kindly requested to arrive 15 minutes early** to prepare for the Mass.



## DATES FOR PILGRIMS – ST. ANN'S PILGRIMS CHURCH



As part of our mission as a Pilgrimage Church for the Jubilee Year 2025, we warmly invite you to take part in the following weekly devotions and special events:

### WEEKLY PILGRIMAGE DEVOTIONS

#### EVERY TUESDAY

- 6:15 PM – Adoration and Confession
- 7:00 PM – Holy Mass

#### EVERY SATURDAY

- 11:15 AM – Adoration and Confession
- 12:00 Noon – Holy Mass

These weekly moments of prayer and encounter are offered for pilgrims, parishioners, and anyone seeking God's grace.

### ROSARY WALKS IN RICHMOND PARK

Begin with prayer at the Francis of Assisi Fountain, followed by a reflective walk in nature. All are welcome.

- **Saturday, 20 September 2025 - 9.45 AM**
- **Saturday, 04 October 2025 – 9:45 AM**

### FOURTH SATURDAY TALKS AT ST ANN'S HALL (9:45 AM)

25th October 2025 - Finding God in Silence: Teachings of the Desert Fathers <sub>7</sub>

**ST ANN'S READING ROTA FOR SUNDAYS**

Role	14 <sup>th</sup> September	21 <sup>st</sup> September	28 <sup>th</sup> September
1st Reading	Disona Dominic	Sr Ursula Eberhardt	Chris Flint
Psalm	Alin	Caterina Keyrouz	Samantha Keegan
2nd Reading	Lourdes Fuentes	Mathew Athakattu	Aaron Yusuf
Bidding Prayer	Chidinma Igwilo	Romola Cardoza	Jonathan Al Hachache

**ST ANN'S LITURGICAL CALENDAR WITH MASS INTENTIONS**

Date	Time	Intention	Celebration
Sunday 14/09	10.30 am	Craig Angove RIP	24th Sunday
Monday 15/09	10 am	Yasmin & Yasmin W/B	Our Lady
Tuesday 16/09	7.00 pm	Paul Livesly Int.	St Cornelius
Wednesday 17/09	10 am	Gisela Lewis B/D	Ordinary Time
Thursday 18/09	Funeral Mass: Mary Philippa Carter RIP		
Friday 19/09	7.00 pm	Sheila Muir RIP	Ordinary Time
Saturday 20/09	12 Noon	Leonardo and Santiago Int.	Pilgrims Mass
	6 pm	Don Hollingsworth RIP	Vigil Mass
Sunday 21/09	10.30 am	Berta Castellol RIP anniversary	Exaltation of the Cross



Donate - St Ann's

Loose Collection: £

**FOR ST ANN'S CHURCH OFFERING**

Account Name: RCAS Kingston Hill

Account Number: 79124429

Sort Code: 60-50-01, Bank: NatWest

Contactless Collection: £ 110.00

Thank you for being part of our St. Ann's family.  
Let's pray for one another and for the growth of our parish family.