



NEWSLETTER

29th Sunday in Ordinary Time

KT2 7LX. Tel: 020 8546 8732, Email: kingstonhillercaos.org.uk

Parish Priest: Fr James Raj (jamesraj@rcaos.org.uk)

Dear Parish Family,

As the autumn leaves begin to fall, we move gently into a season of reflection and gratitude. Our journey as a parish continues to grow in faith, love, and togetherness. This week marks an exciting beginning - on Wednesday, 22nd October, we commence our Holistic 60+ Club and the Holistic Exercise - Second Session. With this, we take another step forward in building our Wholeness Campus, a space where body, mind, and spirit are nurtured together. It is a joy to see this vision slowly taking root within our parish life.

My sincere thanks to all who participated in our recent Synodal Team meeting. Around fifteen members gathered and shared in a very fruitful discussion, planning ahead for our Christmas celebrations and the Annual Planner 2026. We truly thank God for the spirit of collaboration and unity that continues to blossom in our community.

As we look ahead to November – the Month of All Souls, we remember and pray for our departed loved ones. Envelopes are available in the church for you to write the names of deceased members of your family. These names will be placed in our Book of Remembrance, which will rest upon the Holy Altar throughout the month and remain a living memorial, renewed each year.

Let us continue to walk together - in prayer, in service, and in love - always trusting that the Lord who guides our steps will make our journey whole.

With every blessings, Rev Fr James Raj, Parish Priest

HYMNS FOR THE MASS						
Entrance	37 - Alleluia sing to Jesus	Mem. Acclamation	440c - Save us Saviour			
Gloria	1011 - Glory Glory	Agnus Dei	466 - Lamb of God			
Offertory	302 - In bread we bring	Communion	72 - Be Still 478 - Make Me a Channel			
Santus	439 - Holy Holy Holy	Recessional	263 - Holy Virgin, by God's			

29th Sunday in Ordinary Time - Liturgical Colour: Green

Entrance Antiphon

Ps 16: 6, 8: To you I call; for you will surely heed me, O God; turn your ear to me; hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me.

THE LITURGY OF THE WORD

First reading Exodus 17:8-13

In those days: Amalek came and fought with Israel at Rephidim. So Moses said to Joshua, 'Choose for us men, and go out and fight with Amalek. Tomorrow I will stand on the top of the hill with the staff of God in my hand.' So Joshua did as Moses told him, and fought with Amalek, while Moses, Aaron, and Hur went up to the top of the hill. Whenever Moses held up his hand, Israel prevailed, and whenever he lowered his hand, Amalek prevailed. But Moses' hands grew weary, so they took a stone and put it under him, and he sat on it, while Aaron and Hur held up his hands, one on one side, and the other on the other side. So his hands were steady until the going down of the sun. And Joshua overwhelmed Amalek and his people with the sword.

The word of the Lord. R. Thanks be to God.

Responsorial Psalm

Ps 121(120):1-2. 3-4. 5-6. 7-8. R cf. 2

Response: Our help is in the name of the LORD, who made heaven and earth.

I lift up my eyes to the mountains; from where shall come my help? My help shall come from the LORD, who made heaven and earth. **R**.

He will keep your foot from stumbling. Your guard will never slumber. No, he sleeps not nor slumbers, Israel's guard. **R**.

The LORD your guard, the LORD your shade at your right hand. By day the sun shall not smite you, nor the moon in the night. **R**.

The LORD will guard you from evil; he will guard your soul. The LORD will guard your going and coming, both now and for ever. **R**.

Second reading

2 Timothy 3:14-4:2

Beloved: Continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings, which are able to make you wise for salvation through faith in Christ Jesus. All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work. I charge you in the presence of God and of Christ Jesus, who is to judge the living and the dead, and by his appearing and his kingdom: preach the word; be ready in season and out of season; reprove, rebuke, and exhort, with complete patience and teaching. The word of the Lord. R. Thanks be to God.

Gospel Acclamation: Hebrews 4:12: Alleluia, alleluia. The word of God is living and active, discerning the thoughts and intentions of the heart. Alleluia.

Gospel Luke 18:1-8

At that time: Jesus told his disciples a parable to the effect that they ought always to pray and not lose heart. He said, 'In a certain city there was a judge who neither feared God nor respected man. And there was a widow in that city who kept coming to him and saying, "Give me justice against my adversary." For a while he refused, but afterwards he said to himself, "Though I neither fear God nor respect man, yet because this widow keeps bothering me, I will give her justice, so that she will not beat me down by her continual coming." 'And the Lord said, 'Hear what the unrighteous judge says. And will not God give justice to his elect, who cry to him day and night? Will he delay long over them? I tell you, he will give justice to them speedily. Nevertheless, when the Son of Man comes, will he find faith on earth?'

The Gospel of the Lord. All reply: Praise to you, Lord Jesus Christ.

The Creed: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Dates to Note - September to November						
Date	Timing	Event				
19th October	3.00 pm	3rd Finance Committee meeting				
2nd November	10.30 am	Kids Saints Procession/Cemetery Blessing				
21st November	7.00 pm	Deanery Deceased clergy Mass (Deanery)				

Tea and Coffee after Sunday Mass

Everyone is invited to join us for tea and coffee at our Garden after Sunday Mass. This is a wonderful chance to connect, share, and get to know one another better. Kids can enjoy the Kids' Corner, a fun space to make new friends.

ST ANN'S PARISH NEWS AND UPDATES

Parish Synodal Team Meeting: The Parish Synodal Team met recently, with around 13 members taking part in a lively and fruitful discussion. Key topics included Christmas planning 2025 and the Annual Parish Planner.

The Winter Celebration will also serve as an International Day, encouraging everyone to wear their national attire and bring food representing their home country. It promises to be a joyful cultural sharing event and will be held at Holy Cross on 1 February.

Plans for Christmas decorations, meaningful celebrations, and logistics were finalised. A new Youth Group (ages 11–13) is being launched, led by Celia with four enthusiastic team joining this noble cause. We thank all the Synodal members for their continued



Deanery Meeting at St Ann's: We were delighted to host the Kingston Deanery meeting at St Ann's, attended by ten priests from the surrounding parishes. After tea and coffee at the presbytery, everyone enjoyed a wonderful lunch at Marymount International School. The gathering was marked by warm fellowship and gratitude for the hospitality shown. Special thanks to Dorry, Carmen, and Anna for their voluntary help and support in hosting this event.

November – Month of the Holy Souls

November Envelope: As we approach the month of November, envelopes will be available in the church porch for you to write the names of your deceased family members and loved ones. These envelopes will be placed on the Holy Altar throughout November, the month dedicated to the Holy Souls. It is our long-held tradition to pray for the souls of our departed family and friends, commending them to God's eternal mercy. The names will be remembered and replaced daily during the month, and a special prayer will be offered each day for the repose of their souls.

All Souls' Day – Blessing of the Cemeteries: On Sunday, 2 November, we will gather to pray for our departed loved ones and bless the cemeteries: 2.00 pm – Kingston, 3.00 pm – Surbiton Cemetery, Putney Vale Cemetery (next week it will be informed)

These blessings are part of our Church tradition during the Month of the Holy Souls, as we remember and pray for all who have gone before us in faith.



SAINTS PARADE

2ND NOVEMBER 2025, 10.30 AM MASS

2nd November at the 10:30 am Mass, we will have our Saints Parade! Children are invited to dress up as their favourite saint. Chrisse will be looking after all the logistics and helping you on the day.

KIDS GARDENING DAY 9TH NOVEMBER 2025, AFTER 10.30 AM MASS

This will be our fifth and final Kids' Gardening Day of 2025 after Sunday mass – the last garden work before the winter break and before we begin again next year.

KIDS' CHRISTMAS PARTY SATURDAY 22 NOVEMBER, 3.00-5.00 PM

Our parish children are invited to an afternoon of Christmas cheer with games, music, crafts, treats, and plenty of surprises! Don't forget your Christmas jumper! Register by 15th

November: kingstonhill@rcaos.org.uk.

Please mention your child(ren)'s names and any special dietary requirements.





DATES FOR PILGRIMS - ST. ANN'S PILGRIMS CHURCH



As part of our mission as a Pilgrimage Church for the Jubilee Year 2025, we warmly invite you to take part in the following weekly devotions and special events:

WEEKLY PILGRIMAGE DEVOTIONS

EVERY TUESDAY

- 6:15 PM Adoration and Confession
- 7:00 PM Holy Mass

EVERY SATURDAY

- 11:15 AM Adoration and Confession
- 12:00 Noon Holy Mass

These weekly moments of prayer and encounter are offered for pilgrims, parishioners, and anyone seeking God's grace.

FOURTH SATURDAY TALKS AT ST ANN'S HALL (9:45 AM)

25th October 2025 - Finding God in Silence: Teachings of the Desert Fathers

www.stannskingstonhill.org.uk

ST ANN'S PARISH NEWS AND UPDATES

Parish Hall for Hire: If you or your friends are looking for a venue for birthday parties, weddings anniversaries, or any family celebrations, our parish hall is available for hire. It comes with over 60 parking spaces, plenty of tables and chairs, a small kitchen, and even access to our parish garden for outdoor gatherings. To enquire or book, please email kingstonhill@rcaos.org.uk or feel free to contact me directly.





BAPTISM AT ST ANN'S

If you would like to baptise your child in the Catholic faith, you are most welcome. Baptisms at St Ann's usually take place on Saturdays after the 12 noon Mass. Please scan the QR code to access the Baptism Application Form. Once you have completed the initial application, parish office will be in touch to guide you through the next steps. We look forward to accompanying your family on this joyful journey of faith.

SUPPORT YOUR PARISH THROUGH REGULAR GIVING

You can support St Ann's by setting up a Standing Order for regular contributions. This helps us plan and sustain the life and mission of our parish. If you are a UK taxpayer, please also consider signing up for Gift Aid. Through Gift Aid, the parish receives an additional 25p for every £1 you give – at no extra cost to you. Standing Order and Gift Aid forms are available in the church or can be accessed via the QR code below.





PARISH REGISTRATION

Thank you for being a part of our parish community!

We are updating our Parish Registration Form both online and on paper. We prefer online registration to ensure accuracy and reduce administrative work.

Kindly update your details to stay connected.

For parish updates, access to recent homilies, details about upcoming events, hall hire, and various parish activities, please visit our parish website: www.stannskingstonhill.org.uk You can also scan the QR code displayed at the back of the church or in this newsletter to go directly to the site. This is the best place to stay connected with the life of our parish and to revisit weekly homilies and reflections.



ST ANN'S CAMPUS WELL-BEING: A SPACE FOR HARMONY OF BODY, MIND, AND SPIRIT

At St Ann's, we believe that faith and wellbeing go hand in hand. It is a new initiative to promote holistic wellbeing - **physical**, **mental**, **emotional**, **and spiritual**. Our church is blessed with a beautiful natural setting - a canvas of peace and light - inviting us to pause, breathe, and find balance.

ST ANN'S 60+ CLUB, REFLEXOLOGY, WHOLENESS EXCERCISE

ST ANN'S 60+ Club: Through visiting many in our parish, I have seen the need for a place of support, joy, and companionship for our seniors. From this need, the 60+ Club is born. Beginning on Wednesday 22nd October, and meeting weekly from 10.45 am – 12.15 pm in the parish hall, the club will include:

- Gentle chair exercises & Yoga
- Bingo and creative games
- A raffle with small prizes
- Tea, coffee, and sandwiches
- Monthly useful inputs from invited resource persons



REFLEXOLOGY & HEALING TOUCH – VIBELLE THERAPY

by **Koffi Amani -** Holistic Therapist: Specialist in Reflexology & Healing Touch. Through Reflexology – Energy Healing – Stretching, Koffi offers restorative sessions designed to bring calm, comfort, and inner harmony. "Bringing a smile to your health." **_07365 387 299 at St Ann's House, Kingston Hill, KT2 7LX** (through appointments)

WHOLENESS EXERCISE – BREATH, MEDITATION, AND YOGA MOVEMENTS

Led by Fr James Raj, Yoga Acharya Wednesdays, 6:00 – 7:00 p.m., from 22 October 2025. Meditation and mindfulness inspired by Christian contemplative traditions, Breathwork for focus and renewal. Guided yoga movements to support mobility and wellbeing. Quiet relaxation to bring peace to the mind and body. These sessions invite everyone - of all ages and abilities - to rediscover stillness in motion and peace in presence. Those who wish to join may email jamesraj@rcaos.org.uk

ST ANN'S READING ROTA FOR SUNDAYS						
Role	19 th October	26 th October	02 nd November			
1st Reading	Immacula Benedict	Jose Diaz	Shamintha Jayatilaka			
Psalm	Joseph Beim	Yasmin D'Souza	Duncan Katungu			
2nd Reading Ann Titus		Augustin Shaju	Brendan			
Bidding Prayer	Adriana Jimenez	Martin Gilhooky	Lithin Zacharias			

ST ANN'S LITURGICAL CALENDAR WITH MASS INTENTIONS					
Date	Time	Intention	Celebration		
Sunday 19/10	10.30 am	André Brenninkmeyer RIP	29th Sunday		
Monday 20/10	10 am	Victor Darlinton	Ordinary Time		
Tuesday 21/10	7.00 pm	Victor Ramanan Int.	Ordinary Time		
Wednesday 22/10	10 am	James Al Hachache B/D	John Paul II		
Thursday 23/10	Day Off				
Friday 24/10	7.00 pm No Mass		5		
Cabunday 25/10	12 Noon	St Catherine of Siena Parish	Pilgrims Mass		
Saturday 25/10	6 pm	Max Cockings RIP	Vigil Mass		
Sunday 26/10	10.30 am	Bernard Pagan RIP	30th Sunday		



Loose Collection: £ 217.75

FOR ST ANN'S CHURCH OFFERING

Account Name: RCAS Kingston Hill Account Number: 79124429

Sort Code: 60-50-01, Bank: NatWest

Contactless Collection: £ 148.00

Thank you for being part of our St. Ann's family. Let's pray for one another and for the growth of our parish family.