



Sunday 15th February 2026

# NEWSLETTER

6th Sunday in Ordinary Time

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My dear brothers and sisters in Christ Jesus,

Today's readings invites us not only to look at our actions, but to examine the attitudes and intentions of the heart. The Sermon on the Mount reminds us that true **faith calls for inner conversion and a renewed heart.**

During today's Mass, we joyfully celebrate the Renewal of Marriage Vows. We ask God's blessing upon all couples who renew their commitment today. As we mark Valentine's Day, we continue to pray for all married couples and families - **that love may be deepened, communication strengthened, and hearts kept open to grace.** May what God has united remain strong, faithful, and filled with peace.

Two important booklets are available for parishioners today:

- **The Core Committee Booklet**, outlining the progress made so far, the vision ahead, and what is expected as we move forward together. Chris and Suzy from the core committee will keep the parish informed at every stage of this journey.
- The **Lenten Journey Booklet**, to help us prepare spiritually for the season of Lent.

Our Lenten Journey begins **this Wednesday, Ash Wednesday (18 February).** **Masses will be celebrated at 10:00 am and 7:00 pm.** We warmly invite everyone to begin this sacred season together as a parish community.

Please take time to collect both booklets and journey with us prayerfully. We are truly excited about where the Lord is leading us. Kindly remember to pray the Development Prayer included, asking God to guide, bless, and sustain all that we do as a parish family.

With prayers and blessings, **Fr James Raj ([jamesraj@rcaos.org.uk](mailto:jamesraj@rcaos.org.uk))**

HYMNS FOR THE MASS			
Entrance	80 – Bind us together,	Mem. Acclamation	440c - Save us Saviour
Gloria	1011 - Glory Glory	Agnus Dei	466 - Lamb of God
Offertory	23 – All that I am	Communion	40 – Amazing grace 663 – Soul of my Saviour
Santus	439 - Holy Holy Holy	Recessional	263 – Holy Virgin, by God's

## Tea and Coffee after Sunday Mass

Everyone is invited to join us for tea and coffee in the church hall near the car park after Sunday Mass. This is a wonderful chance to connect, share, and get to know one another better. Kids can enjoy the Kids' Corner, a fun space to make new friends.

**Entrance Antiphon: Ps 30: 3-4:** Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

## THE LITURGY OF THE WORD

### First reading

**Sirach 15:15-20**

If you desire, you will keep the commandments, and to act faithfully is a matter of choice. He has placed before you fire and water: stretch out your hand for whichever you wish. Life and death are in front of people, and whichever one chooses will be given to him. For great is the wisdom of the Lord; he is mighty in power and sees everything; his eyes are on those who fear him, and he knows a person's every deed. He has not commanded anyone to be ungodly, and he has not given anyone permission to sin.

**The word of the Lord. R. Thanks be to God.**

### Responsorial Psalm

**Ps 119(118):1-2. 4-5. 17-18. 33-34. R1b**

**Response: Blessed are those who walk in the law of the LORD!**

Blessed are those whose way is blameless, who walk in the law of the LORD! Blessed are those who keep his decrees! With all their hearts they seek him. **R.**

You have laid down your precepts to be carefully kept. May my ways be firm in keeping your statutes. **R.**

Deal bountifully with your servant, that I may live and keep your word. Open my eyes, that I may see the wonders of your law. **R.**

LORD, teach me the way of your statutes, and I will keep them to the end. Grant me insight that I may keep your law, and observe it wholeheartedly. **R.**

### Second reading

**1 Corinthians 2:6-10**

Brothers and Sisters: Among the mature we do impart wisdom, although it is not a wisdom of this age or of the rulers of this age, who are doomed to pass away. But we impart a secret and hidden wisdom of God, which God decreed before the ages for our glory. None of the rulers of this age understood this, for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the heart of man imagined, what God has prepared for those who love him' — these things God has revealed to us through the Spirit. For the Spirit searches everything, even the depths of God. **The word of the Lord. R. Thanks be to God.**

*"From the heart flow the springs of life." (Proverbs 4:23)*

Gospel Acclamation: John 8:12

Alleluia, alleluia. I thank you, Father, Lord of heaven and earth,  
you have revealed the secrets of the kingdom to little children. Alleluia.

## Gospel

**Matthew 5:20-22a, 27-28, 33-34a, 37**

At that time: Jesus said to his disciples, 'I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. 'You have heard that it was said to those of old, "You shall not murder; and whoever murders will be liable to judgement." But I say to you that everyone who is angry with his brother will be liable to judgement. 'You have heard that it was said, "You shall not commit adultery." But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. 'Again you have heard that it was said to those of old, "You shall not swear falsely, but shall perform to the Lord what you have sworn." But I say to you: Do not take an oath at all. Let what you say be simply "Yes" or "No"; anything more than this comes from evil.'

**The Gospel of the Lord. All reply: Praise to you, Lord Jesus Christ.**

**The Creed:** I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

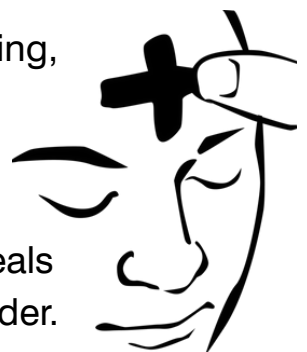
**Ash Wednesday on 18<sup>th</sup> Feb '26** 

"Return to me with all your heart." (Joel 2:12)

Ash Wednesday marks the beginning of Lent, a season of prayer, fasting, & repentance. Catholics are strongly encouraged to attend Mass and receive ashes as a sign of conversion.

 **MASS TIMES: 10:00 AM & 7:00 PM**

◆ **Day of Fasting & Abstinence:** Fasting (one full meal & two small meals aged 18–59 and Abstinence from meat is required for those 14 and older. Let us begin Lent with prayerful hearts, seeking renewal in Christ. 🙏



"Choose life, and walk faithfully in God's ways." (Sirach 15:16-17)



## 1. SPIRITUAL EVENING

Our first Spiritual Evening was well attended, with around 12 members taking part. Celia guided us on the topic Women in the Bible, and the session was joyful, prayerful, and deeply fulfilling. Sincere thanks to Celia for leading the session so beautifully.

## 2. 60+ NUTRITION SESSION

We had a very enriching 60+ Nutrition Session, led by Margaret. Everyone was amazed by her expertise, and there was excellent participation and interaction throughout. Thank you, Margaret, and thank you to all who joined and contributed.

## 3. Core Committee Meeting

A Core Committee Meeting was held with all 13 members present. The meeting was marked by positivity, openness, and a strong sense of unity. I truly felt the Spirit of the Lord guiding our discussions. A new information booklet has been prepared for parishioners, and Chris and Susie will keep the parish regularly updated on all aspects of the development as we move forward.





### **FAMILY MASS**

**22ND FEBRAURY AT 10.30 AM**

We will have our Family Mass on Sunday, 22nd February at 10.30 am. All altar servers are requested to come to the sacristy 15 minutes earlier. Let us come together in prayer and thanksgiving as one parish family.

### **YOUTH MEETING**

**14TH MARCH AT 4.30 PM**

The next Youth Group meeting will take place on Saturday, 14th February 2026 at 4.30 pm. The meeting will be held in the priest's house meeting room and will be headed by Celia. This is a valuable opportunity, and all young people are warmly encouraged to attend, as it will support their personal and spiritual development.

## **RENEWAL OF MARRIAGE VOWS**

Dear couples,

On the day of your wedding, you stood before God and before His Church and made a sacred promise of love and fidelity. Today, in the presence of this parish community, you are invited to renew that promise.

**Please face one another and, in your hearts, renew your vows as I say:**

Do you recommit yourselves to one another,  
to love and honour each other,  
in good times and in bad,  
in joy and in sorrow,  
in health and in sickness,  
all the days of your life?

**Couples:** We do.

**Priest:** May the Lord, who has united you in love, renew your hearts with grace, strengthen your bond with understanding and forgiveness, and keep you faithful in love and peace. What God has united, let no external factor divide.

All: Amen.

Let us entrust our families to our Blessed Mother as we together say **Hail Mary...**

"You have heard it said, but I say to you." (Matthew 5:22)



## ST ANN'S CHURCH NEWS AND UPDATES

### BIBLE STUDY ON 22<sup>ND</sup> FEB AT 8 PM

Our monthly Bible Study, held on the third Friday of each month, from 7:30 p.m. to 8:30 p.m., led by Fr James. All are warmly invited to join us as we grow together in Scripture, faith, and reflection. **During Lent, the Bible Study will begin at 8:00 p.m., instead of 7:30 p.m., as the Way of the Cross will take place after the evening Mass.** The next Bible Study will be on **Friday, 20th February 2026, at 8:00 p.m.**

### CORE COMMITTEE COMMISSIONING

The Core Committee was formally commissioned on 8th February during the parish Mass. All members were present, including our young representatives. Before the parish community, they made their commitments to serve with responsibility, unity, and transparency. The whole congregation joined in praying for them, asking God's guidance and wisdom as they begin this important ministry for the good of our parish.



"Blessed are those who walk in the law of the Lord." (Psalm 119:1)

## ST ANN'S ACTIVITIES JAN & FEB 2026

DATE	TIME	EVENT
18/02/2026	10.00 am 7.00 pm	ASH WEDNESDAY MASS
20/02/2026	7.00 PM Fri	Way of the Cross after Mass
20/02/2026	8.00 pm	Bible Study
22/02/2026	10.30 am Sun	Family Mass (Altar Serving)
23/02/2026	5.30 pm Mon	First Communion season
27/02/2026	5.30 PM Fri	RCIA session - Saints
27/02/2026	7.00 PM Fri	Way of the Cross after Mass
06/03/2026	7.00 PM Fri	Way of the Cross after Mass
10/03/2026	7.30 PM Tue	Movie Evening: Passion of Christ
14/03/2026	4.30 PM Sat	Young People Meeting
Wednesdays	10.45 am/6 pm	60+ Club / Yoga & Meditation
Second Tuesday	7.30 pm	Spiritual Evening
Second Saturday	4.30 pm	Youth Group Meeting (11-14 yrs)
Third Fridays	7.30 pm	Bible Study
Fourth Sunday	10.30 am	Family Mass (No Catechism)

### COFFEE AND CONVERSATION WITH THE MAYOR

Local Parishioners are warmly invited to Coffee and Conversation with the Mayor on Monday, 16 February, from 1:00–3:00 pm at St John's Church Hall, Kingston Vale. This gathering is being hosted by St John's and forms part of the Mayor's borough-wide initiative promoting community resilience recognising places where people meet, talk, & build strong local connections. All our local parishioners are most welcome to attend for coffee, and fellowship. Thanks to Rowena Bass and our friends at St John's for coordinating this event.

"God has revealed to us a hidden wisdom." (1 Corinthians 2:10)

**ST ANN'S READING ROTA FOR SUNDAYS**

Role	15th February	22nd February	29nd February
1st Reading	Beatrice Beim	Volunteer	Bernard Brenninkmeijer
Psalm	John Mutaasa	Volunteer	Nimasha Yusuf
2nd Reading	Nida Mathew	Volunteer	Daniel Mokwena
Bidding Prayer	Cyril Thomas	Volunteer	Christobel Al Hachache

**ST ANN'S LITURGICAL CALENDAR WITH MASS INTENTIONS**

Date	Time	Intention	Celebration
Sunday 15/02	10.30 am	Immacula & Canute W/A George Abi-Karam RIP	6th Ordinary Sunday
Monday 16/02	10 am	Communion Children	Ordinary Time
Tuesday 17/02	7.00 pm	Victor Ramanan Int.	Saint Scholastica
Wednesday 18/02	10 am	K Pierre W/B	Ordinary Time
Thursday 19/02	No Mass		
Friday 20/02	7.00 pm	Rachael Ferncombe B/D	Ordinary Time
Saturday 21/02	12 Noon	Joseph Buhagiar RIP	Pilgrims Mass
	6 pm	Max Cockings RIP	Vigil Mass
Sunday 22/02	10.30 am	Rebecca Pinghe RIP	1st Week of Lent

Loose Collection: £ 217.50



Donate - St Ann's

**FOR ST ANN'S CHURCH OFFERING**

Account Name: RCAS Kingston Hill

Account Number: 79124429

Sort Code: 60-50-01, Bank: NatWest

Contactless Collection: £ 325.00

&amp; Standing Order

Thank you for being part of our St. Ann's family.  
Let's pray for one another and for the growth of our parish family.