



Sunday 8th February 2026  
**NEWSLETTER**

5th Sunday in Ordinary Time

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My dear brothers and sisters in Christ Jesus,

This Sunday, the Word of God reminds us of who we truly are. The prophet Isaiah proclaims: **"Your light shall break forth like the dawn."** And Jesus tells us clearly in the Gospel: **"You are the salt of the earth... You are the light of the world."** Light does not make noise - it simply shines. **Dawn does not argue with the darkness - it gently overcomes it.** This is our calling: to be a dawn to the people around us, bringing **warmth, hope, and quiet strength into ordinary lives.**

In this spirit, I would like to express my heartfelt gratitude to all our parishioners for the wonderful Winter Celebration at Holy Cross Preparatory School. It was a joyful moment of togetherness - **children playing, families sharing, volunteers serving generously** - a true sign of a parish alive and walking together. A sincere thank you to everyone who helped make the celebration possible, especially the teams who welcomed, organised, supported, and served so selflessly. Your dedication truly reflected the Gospel lived in action.

I would also like to **thank the core committee members for hall renovation** who have generously agreed to journey together in the important task of extending our parish hall and developing better facilities for our growing parish family. Your willingness to serve is a sign of trust, responsibility, and hope for the future.

As we continue our journey together, let us carry today's message into the coming week - to be salt that gives meaning, and light that brings clarity. I am truly proud of our parish community.

With prayers and blessings, Fr James Raj ([jamesraj@rcaos.org.uk](mailto:jamesraj@rcaos.org.uk))

HYMNS FOR THE MASS			
Entrance	285 – Here I am, Lord	Mem. Acclamation	440c - Save us Saviour
Gloria	1011 - Glory Glory	Agnus Dei	466 - Lamb of God
Offertory	678 – Take our bread, we ask you	Communion	40 – Amazing grace 663 – Soul of my Saviour
Santus	439 - Holy Holy Holy	Recessional	859 – As I kneel before you

## Tea and Coffee after Sunday Mass

Everyone is invited to join us for tea and coffee in the church hall near the car park after Sunday Mass. This is a wonderful chance to connect, share, and get to know one another better. Kids can enjoy the Kids' Corner, a fun space to make new friends.

**Entrance Antiphon: Ps 94: 6-7: O come, let us worship God and bow low  
before the God who made us, for he is the Lord our God.**

## THE LITURGY OF THE WORD

### First reading

**Isaiah 58:6-10**

Thus says the Lord: Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh? Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry, and he will say, 'Here I am.' If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, if you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday.

**The word of the Lord. R. Thanks be to God.**

### Responsorial Psalm

**Ps 112(111):4-5. 6-7. 8a, 9. R4a**

**Response: A light rises in the darkness for the upright.**

A light rises in the darkness for the upright; he is generous, merciful, and righteous. It goes well for the man who deals generously and lends, who conducts his affairs with justice. **R.**

He will never be moved; for ever shall the upright be remembered. He has no fear of evil news; with a firm heart, he trusts in the LORD.. **R.**

With a steadfast heart he will not fear. Open-handed, he gives to the poor; his justice stands firm for ever. His might shall be exalted in glory. **R.**

### Second reading

**1 Corinthians 2:1-5**

I, when I came to you, brothers and sisters, did not come proclaiming to you the testimony of God with lofty speech or wisdom. For I decided to know nothing among you except Jesus Christ and him crucified. And I was with you in weakness and in fear and much trembling, and my speech and my message were not in plausible words of wisdom, but in demonstration of the Spirit and of power, so that your faith might not rest in the wisdom of men but in the power of God.

**The word of the Lord. R. Thanks be to God.**

*"Then shall your light break forth like the dawn." (Isaiah 58:8)*

Gospel Acclamation: John 8:12

Alleluia, alleluia. I am the light of the world, says the Lord;  
whoever follows me will have the light of life. Alleluia.

## Gospel

Matthew 5:13-16

At that time: Jesus said to his disciples, 'You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet. 'You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.'

**The Gospel of the Lord. All reply: Praise to you, Lord Jesus Christ.**

**The Creed:** I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



## YOUTH MEETING

14TH FEBRAURY AT 4.30 PM

The next Youth Group meeting will take place on Saturday, 14th February 2026 at 4.30 pm. The meeting will be held in the priest's house meeting room and will be headed by Celia. This is a valuable opportunity, and all young people are warmly encouraged to attend, as it will support their personal and spiritual development.

## FAMILY MASS

22ND FEBRAURY AT 10.30 AM

We will have our Family Mass on Sunday, 22nd February at 10.30 am. All altar servers are requested to come to the sacristy 15 minutes earlier. Let us come together in prayer and thanksgiving as one parish family.

"A light rises in the darkness for the upright." (Psalm 112:4)



# Winter Celebration





# ST ANN'S PARISH HALL DEVELOPMENT COMMITTEE (APHDC)

**Members:** Fr James Raj, Sr Ursula Eberhardt, Carman Vasquez, Joseph Rajmohan, Caterina Keyrouz, Yasmin D'Souza, Flavian D'Souza, Margret Aceger, Susy Flint, Chris Flint, Joy Duval-Koenig, Gregory Duval-Koenig

## COMMISSIONING OF THE COMMITTEE

**Oath of the Committee (Committee standing, facing the altar)**

**Fr James:** Dear members of the Parish Hall Development Committee, you have been chosen from among this parish family to serve with sincerity, wisdom, and care. I ask you now, in the presence of God and this parish community:

Do you promise

to serve this parish faithfully,  
to work together in unity and respect,  
to plan responsibly and transparently,  
to safeguard the interests of the parish,  
and to seek the good of all rather than personal preference?

**Committee (together):** We do.

**Fr James:** Do you promise

to approach this task prayerfully,  
to listen with open hearts,  
to act with honesty and accountability,  
and to remember always that this work is a service to God's people?

**Committee (together):** We do.

**Fr James:** May the Lord, who has begun this good work in you, bring it to fulfilment through patience, wisdom, and grace.

**Prayer over the Committee (Committee kneels; congregation remains standing)**

My dear brothers and sisters, let us now pray for these members of our parish family who have offered their time, skills, and hearts for this important work. (Pray in Silence)

**Prayer of Blessing:** Loving and faithful God, you build not only houses of stone but homes of faith, hope, and love. Look with kindness upon these your servants. Bless their work, guide their minds, strengthen their resolve, and keep their hearts rooted in you. May this project, begun in prayer, grow in wisdom, be sustained by generosity, and bear fruit for the good of this parish and for generations to come.

We ask this through Christ our Lord. Amen.

Let us entrust this work to our Blessed Mother as we together say **Hail Mary...**

"Your healing shall spring up speedily; your righteousness shall go before you." (Is 58:8)

## ST ANN'S CHURCH NEWS AND UPDATES

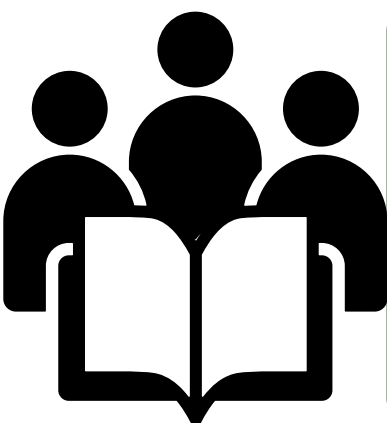
### 10TH FEB AT 7.30 PM SPIRITUAL EVENING

We warmly invite you to join us for our Spiritual Evening on **Tuesday, 10th February, at 7:30 p.m.** The theme will be "**Biblical Women: Their lives and lessons**" We look forward to welcoming you and your family for an evening of reflection and sharing.



### BIBLE STUDY ON 22<sup>ND</sup> FEB AT 8 PM

Our monthly Bible Study, held on the third Friday of each month, from 7:30 p.m. to 8:30 p.m., led by Fr James. All are warmly invited to join us as we grow together in Scripture, faith, and reflection. **During Lent, the Bible Study will begin at 8:00 p.m., instead of 7:30 p.m., as the Way of the Cross will take place after the evening Mass.** The next Bible Study will be on **Friday, 20th February 2026, at 8:00 p.m.**



### NUTRITION SESSION (60+)

A Nutrition Session for our 60+ group will be held **on 11<sup>th</sup> Feb 2026 during the regular 60+ gathering time** as part of our ongoing programme, focusing on well-being and healthy living.



### Ash Wednesday on 18<sup>th</sup> Feb '26



"Return to me with all your heart." (Joel 2:12)

Ash Wednesday marks the beginning of Lent, a season of prayer, fasting, & repentance. Catholics are strongly encouraged to attend Mass and receive ashes as a sign of conversion.

**MASS TIMES: 10:00 AM & 7:00 PM**

◆ **Day of Fasting & Abstinence:** Fasting (one full meal & two small meals aged 18–59 and Abstinence from meat is required for those 14 and older. Let us begin Lent with prayerful hearts, seeking renewal in Christ. 🙏



"Where charity and love are, God is there." Ubi Caritas (cf. 1 John 4:16)

## ST ANN'S ACTIVITIES JAN & FEB 2026

DATE	TIME	EVENT
09/02/2026	5.30 pm Mon	First Communion - Reconciliation
10/02/2026	7.30 pm Tue	Spiritual Evening: Biblical Women
13/02/2026	5.30 PM Fri	RCIA session
14/02/2026	4.30 pm	Youth Group Meeting
15/02/2026	10.30 am	<b>SUNDAY MASS - RENEWAL OF MARRIAGE COMMITMENT</b>
18/02/2026	10.00 am 7.00 pm	<b>ASH WEDNESDAY MASS</b>
20/02/2026	7.00 PM Fri	<b>Way of the Cross after Mass</b>
20/02/2026	8.00 pm	<b>Bible Study</b>
22/02/2026	10.30 am Sun	<b>Family Mass (Altar Serving)</b>
23/02/2026	5.30 pm Mon	<b>First Communion season</b>
27/02/2026	5.30 PM Fri	<b>RCIA session - Saints</b>
<i>Wednesdays</i>	<i>10.45 am/6 pm</i>	<i>60+ Club / Yoga &amp; Meditation</i>
<i>Second Tuesday</i>	<i>7.30 pm</i>	<i>Spiritual Evening</i>
<i>Second Saturday</i>	<i>4.30 pm</i>	<i>Youth Group Meeting (11-14 yrs)</i>
<i>Third Fridays</i>	<i>7.30 pm</i>	<i>Bible Study</i>
<i>Fourth Sunday</i>	<i>10.30 am</i>	<i>Family Mass (No Catechism)</i>

### COFFEE AND CONVERSATION WITH THE MAYOR

Local Parishioners are warmly invited to Coffee and Conversation with the Mayor on Monday, **16 February**, from **1:00–3:00 pm** at **St John's Church Hall, Kingston Vale**. This gathering is being hosted by St John's and forms part of the Mayor's borough-wide initiative promoting community resilience recognising places where people meet, talk, & build strong local connections. All our local parishioners are most welcome to attend for coffee, and fellowship. Thanks to Rowena Bass and our friends at St John's for coordinating this event.

*"Where charity and love are, God is there." Ubi Caritas (cf. 1 John 4:16)*

**ST ANN'S READING ROTA FOR SUNDAYS**

Role	8th February	15th February	22nd February
1st Reading	Ana V Gonzalez	Beatrice Beim	Volunteer
Psalm	Gisela B Lewis	John Mutaasa	Volunteer
2nd Reading	Benita Rajmohan	Nida Mathew	Volunteer
Bidding Prayer	Christiane Beim	Cyril Thomas	Volunteer

**ST ANN'S LITURGICAL CALENDAR WITH MASS INTENTIONS**

Date	Time	Intention	Celebration
Sunday 08/02	10.30 am	Paul Mcindoe RIP Harry Morris Cullinan RIP	5th Sunday in Ordinary Time
Monday 09/02	7 pm	Communion Children	Ordinary Time
Tuesday 10/02	7.00 pm	Victor Ramanan Int.	Saint Scholastica
Wednesday 11/02	10 am	Intention Available	Ordinary Time
Thursday 12/02	No Mass		
Friday 13/02	7.00 pm	Intention Available	Ordinary Time
Saturday 14/02	12 Noon	Martin Eberhardt RIP	Pilgrims Mass
	6 pm	Clare Goatcher & Dominic Lynch RIP	Vigil Mass
Sunday 15/02	10.30 am	Immacula & Canute W/A	6th Sunday in Ordinary Time

Loose Collection: £ 154.75



Donate - St Ann's

**FOR ST ANN'S CHURCH OFFERING**

Account Name: RCAS Kingston Hill

Account Number: 79124429

Sort Code: 60-50-01, Bank: NatWest

Contactless Collection: £ 333.00

&amp; Standing Order

Thank you for being part of our St. Ann's family.

Let's pray for one another and for the growth of our parish family.